



## John E. "Jack" Trainor

April 28, 1942 - July 1, 2019

John E. (Jack) Trainor of Northville, age 77, passed away peacefully with family at his side on July 1, 2019. Jack was the beloved husband for 53 years of Nancy (Nowack) Trainor, loving father of Christopher Trainor and Daniel (Claudia Berg) Trainor. Cherished "Papa" to Jack, Jeffrey, Lauren, Alexis, and Ryan Trainor. Special brother-in-law of Kathy and Ed Hart, brother-in law of Barbara Cooper and treasured uncle, cousin, and friend to many.

Jack was born in McKeesport, PA, and lived in Royal Oak, MI from early childhood until early adulthood. He graduated from St. Mary's of Royal Oak High School in 1960, and he then earned a B.S. Finance and an M.B.A. from the University of Detroit. He was a proud brother of Sigma Phi Epsilon Fraternity. Jack worked in the fields of accounting and finance and retired from Chrysler Corporation after 30 years of service.

He loved sports, especially golf, and was thrilled to have played Pebble Beach on his 65th birthday with his two sons. Jack was preceded in death by his parents, Cy and Dolores Trainor, in-laws Frank and Helen Nowack, and daughter-in-law Shelley (Foley) Trainor.

A celebration of Jack's life will be held on Friday, July 19, 2019, at O'Brien-Sullivan Funeral Home, 41555 Grand River Avenue, Novi, MI 48375 from 3:00 pm until 8:00 pm. A Funeral Mass will be at 10:30 am, Saturday, July 20, 2019, at Our Lady of Victory Catholic Church,( 133 Orchard Dr., Northville, MI 48167) with visitation from 10 am until time of mass.

In lieu of flowers, contributions in Jack's memory to the Capuchin Soup

Kitchen click here to contribute (<https://www.cskdetroit.org>) or St. Jude Children's Research Hospital click here to contribute (<https://www.stjude.org>) would be greatly appreciated.

# Cemetery Details

## Holy Sepulchre Cemetery

25800 W 10 Mile Rd  
Southfield, MI

# Previous Events

## Visitation

JUL 19. 3:00 PM - 8:00 PM (ET)

O'Brien-Sullivan Funeral Home  
41555 Grand River Ave  
Novi, MI 48375  
(248) 348-1800  
info@obsfh.com

## Scripture service

JUL 19. 7:00 PM (ET)

O'Brien-Sullivan Funeral Home  
41555 Grand River Ave  
Novi, MI 48375  
(248) 348-1800  
info@obsfh.com

## Visitation

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JUL 20. 10:00 AM - 10:30 AM (ET)

Our Lady of Victory Church  
132 Orchard Dr,  
Northville, MI 48167

## Liturgy

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JUL 20. 10:30 AM (ET)

Our Lady of Victory Church  
132 Orchard Dr,  
Northville, MI 48167

# Tribute Wall



“ *Simply Elegant Spathiphyllum was purchased for the family of John E. "Jack" Trainor.*



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July 15, 2019 at 12:08 PM



“ *Chris & family: We are so sorry for your loss. It is never easy. May your wonderful memories help to sustain you during a difficult time. Take care.*

*Cynthia & Jerry van Rossum*

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**Cynthia van Rossum** - July 08, 2019 at 12:03 PM



“ *Jack was truly an incredible man, full of strength, love, and light. Ron and I send our deepest condolences to you, Nancy and family for your loss. With Love, Ron and Maureen Young*



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**Maureen Young** - July 04, 2019 at 03:06 PM

EN

“ Dear friends and mourners of the late Jack Trainor,  
To Nancy and her sons and grandchildren, words fail me. I can only  
extend my profound sympathy. But on behalf of those of us who  
knew Jack as cousins, friends, and acquaintances, let me celebrate  
him as a dignified, generous human being whose memory will not  
only console us, but also be a model for our own lives. I thank Jack  
for that.

With love,  
Edward

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**Edward Nowacki** - July 04, 2019 at 02:28 PM

DT

“ 1 file added to the tribute wall



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**Dennis Tymosko** - July 04, 2019 at 12:44 PM

MD

“ My heart felt condolences to you Nancy and your boys. Peace and  
prayers be with you all. Love Marybeth

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**Marybeth Doyle** - July 03, 2019 at 08:25 PM